yourgut plus

Probiotic blend chosen for the UK national Phyto-V study

 Vitamin D3 contributes to the normal function of the immune system and helps maintain healthy bones

+ Natural inulin prebiotic fibre from chicory

Food supplement

60 capsules

Patented delayed release Multi-strain non-dairy lactobacillus

Net wt: 22.8g

Cautions:

If you are pregnant, breastfeeding, taking medications, please consult your healthcare practitioner before use. Discontinue if adverse reactions occur. Not a substitute for a balanced diet.

For allergens - see ingredient list.

	2 Capsules	sules
	%NRV*	Amount
Lactobacillus plantarum Lp90		11.1mg
Lactobacillus rhamnosus LRa05		11.1mg
Lactobacillus bulgaricus LB42		5.6mg
Lactococcus lactis LLa61		1.7mg
Lactobacillus paracasei LC86		1.7mg
Inulin (derived from chicory)		200mg
Vitamin D3 (Cholecalciferol)	400%	800iu (22µg)
Colony forming units (CFU)	10 billion	llion
*Nutritional Beference Value (- = not established)	= not estab	lished).

For more information see:

Keep-healthy.com



Ingredient list:

Probiotics; Lactobacillus plantarum, Lactobacillus rhamnosus, Lactobacillus bulgaricus, Lactococcus lactis, Lactobacillus paracasei. Anti caking agents; magnesium stearate, microcrystalline cellulose. Vitamin D3 (Cholecalciferol). Delayed release capsule; plant Hypromellose and gellan gum. (One capsule is 380mg)

Extra information:

Suitable for vegetarians. No added sugar, preservatives, sweeteners, colours. No dairy, GMO, gluten or lactose. This blend was selected by the scientific committee for the UK National Nutritional intervention Phyto-v study (see: phyto-v.com)

Suggested use (servings):

One capsule twice a day with a drink. Do not exceed intake or use if the seal is broken.

Storage:

In a cool, dark place out of direct sunlight. Do not store above 25°C. Keep out of reach of children. Best before: see stamp.

Manufactured By:

The Oxford Health Company, Longlands Road, Bicester, OX26 5AH UK

UK distributor:

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EU distributor:

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